



**Patient Online** Giving you more choice in accessing GP services









## What is Patient Online?

Patient Online will help you to take greater control of your health and wellbeing by increasing online access to services.

You have been telling us that you want to be offered more convenience, choice and control in how you access GP services. Increasingly, you also want to be informed and involved in decisions about your own care and treatment.

Evidence shows that patients who are informed and involved in their own care have better health outcomes and are less likely to be admitted to hospital.

## Making sure everybody is included

We recognise that computers, tablets and smart phones are not a substitute for visiting or phoning your practice and other health services, and that many people do not have access to computers or online services.

To help address this, NHS England is delivering a national programme of training in digital skills and access to technology, aimed at people who might otherwise not be able to use services online.

Visit www.ukonlinecentres.com or phone 0800 77 1234 to find out more.

## Find out if a GP practice offers online services

You can find out if your practice offers these services and their contact details on the NHS Choices website or speak to you practice directly.

## Problems accessing your GP practice's online services?

Please contact your GP practice who will be able to assist you.

For more information about Patient Online, visit www.england.nhs.uk/patient-online

Local contacts: